

## Intimate Care

When providing intimate care, we will ensure that the child's safety, dignity and privacy are maintained at all times.

'Intimate care' covers any task that involves the washing, touching or carrying out a procedure to intimate personal areas and is associated with bodily functions and personal hygiene, including, toileting, washing, dressing, and menstrual care.

For children who have an identified key worker, it is usual for the key worker to support intimate care of the child that they have a key working relationship with.

Staff at [Kidz Enterprise](#) who provide intimate care will do so in a professional manner. Staff are aware of safeguarding issues and will have relevant training (eg: health and safety, child protection, manual handling) before providing intimate care. No child should suffer distress or pain as a result of receiving intimate care.

Staff will work in partnership with parents or carers and the child, where appropriate, to provide care appropriate to the needs of the individual child and together will produce a care plan. The care plan will set out:

- What care is required
- Which staff will carry out intimate care tasks
- Number of staff needed to carry out the task (if more than one person is required, reasons will be documented)
- Additional equipment required
- Child's preferred means of communication (eg verbal, visual)
- Child's level of ability - what tasks they are able to carry out by themselves

## Toileting

[Kidz Enterprise](#) ensures:

- There is an adequate number of toilets and hand basins available, usually providing separate toilet facilities for adults and children.
- There are suitable hygienic changing facilities for changing any children who are in nappies/pull up's or are not yet continent.
- Children's privacy is considered and balanced with safeguarding and support needs when changing nappies/pull up and toileting.
- That in making decisions about supporting children's toileting, dignity and respect for the child is balanced against the need for appropriate supervision and safety for the whole setting.
- That nappy/pull up changing and toileting areas are safe, hygienic, and appropriately supervised

## Best practice

When intimate care is given, the member of staff will explain to the child each task that is carried out and the reasons for it. Staff will encourage children to do as much for themselves as they can.

If a child requires intimate care on a regular basis, it is good practice for two members of staff to share the care between them. In this way the child is less likely to become overly dependent on a single member of staff, and to become distressed if their usual carer is occasionally unavailable. However,

parents' views on the number of staff providing personal care to their child must also be taken into consideration - some children may simply be unable to cope with more than one carer.

We have policies in place that promote safe recruitment, as well as having sound staff supervision, safeguarding and intimate care procedures; together these ensure that, should a child need consistent care from one member of staff, the child's safety and well-being will not be compromised.

## **Protecting children**

Staff are familiar with guidance from the local Safeguarding Partnership (formerly the LSCB). The Club's procedures reflect the guidance in Working Together to Safeguard Children (2026) and staff are familiar with the What To Do If You're Worried A Child Is Being Abused (2015) flowchart from this document.

If a member of staff is concerned about any physical changes to a child, such as marks, bruises, soreness etc, they will inform the manager or the Club's Designated Safeguarding lead immediately. The procedures set out in the **Safeguarding Children** policy will be implemented.

Should a child become unhappy about being cared for by a particular member of staff, the manager will investigate and record any findings. These will be discussed with the child's parents or carers in order to resolve the issue. If necessary, the manager will seek advice from outside agencies.

If a child makes an allegation against a member of staff, the procedure set out in the **Safeguarding Children** policy will be followed.

## **Dealing with blood and body fluids**

Blood, vomit, urine and faeces will be cleaned up immediately and disposed of safely by double bagging the waste and removing it from the premises. When they are dealing with body fluids, staff will wear personal protective clothing (disposable plastic gloves and aprons) and will wash themselves thoroughly afterwards. Soiled children's clothing will be bagged to go home - staff will not rinse it. Children will be kept away from the affected area until the incident has been dealt with fully.

Staff at **Kidz Enterprise** will maintain high standards of personal hygiene, and will take all practicable steps to prevent and control the spread of infection.

## **Supporting Children Experiencing Puberty**

**Kidz Enterprise** recognise that children attending wraparound provision may begin or be experiencing puberty, and we are committed to supporting them with dignity, sensitivity and respect.

Staff understand that physical and emotional changes can occur at varying ages and that both boys and girls may require additional reassurance and practical support during this time.

Where appropriate, children will be offered increased privacy, including access to alternative or individual toilet facilities where available. Sanitary products will be discreetly accessible within toilet areas or available from a trusted member of staff without the need to ask publicly. Spare clothing will be kept on site to support children in the event of accidents or unexpected need. A private space will be provided if a child needs time to manage personal hygiene or change clothing.

Staff will respond calmly and discreetly to requests for support and will avoid drawing attention to the child. Support will be age appropriate and designed to promote independence, for example by guiding rather than taking over, unless safeguarding or welfare concerns require a higher level of assistance.

**Kidz Enterprise** will work in partnership with parents/carers, communicating sensitively where appropriate, while maintaining the child's dignity and confidentiality in line with safeguarding procedures. Staff will be

mindful of the emotional impact of puberty, including potential embarrassment, anxiety or changes in behaviour, and will offer reassurance and understanding.

Our aim is to ensure that all children feel safe, respected and supported during this stage of development within our setting.

This policy was adopted by: <a href="#">Kidz Enterprise LTD</a>	Date: <a href="#">17<sup>th</sup> May 2026</a>
To be reviewed: <a href="#">September 2026</a>	Signed: <a href="#">D. Beesley</a>

Written in accordance with the Statutory Framework for the Early Years Foundation Stage (2025): Safeguarding and Welfare Requirements: Concerns about children's safety and welfare [3.9] and Toilets and intimate hygiene [3.86].

